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*To end your pain, we team  
up on a world of hurt:*

- Neck or back pain
- Headache & TMJ pain
- Work Injuries
- Shoulder, elbow, or hand pain
- Post surgery rehabilitation / Recovery
- Chronic Pain
- Arthritis
- Neurological and Circulatory Conditions
- Sports Injuries
- Sprains and fractures
- Home Health

## -Rehabilitation Prescription-

Patient Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Comments: \_\_\_\_\_

Date: \_\_\_\_\_ Next Physician Visit: \_\_\_\_\_

- Evaluate and Treat    Functional Capacity Evaluation  
 Work Hardening    Jobsite Analysis    First Aid Intervention  
 Work Conditioning

### Modalities

- Electrical Stim  
 Ultrasound  
 Iontophoresis  
 Tens Unit  
 Traction-Cervical  
 Traction-Lumbar  
 Parafin/Fluidotherapy  
 Cold/Heat  
 ElectroAcupoint Stim

### Manual Therapy

- Mobilization  
 Manipulation  
 Instrument Assisted Stim  
 Myofascial Release  
 Massage/STM

### Therapeutic Exercise

- Range of Motion  
 Resistive Exercises  
 Neuromuscular Re-education

- Aerobic/Conditioning  
 L/S Stabilization  
 C/S Stabilization  
 Home Program

### Education

- Spinal Mechanics  
 Neck-Arm Mechanics  
 Job Coaching  
 Posture Training  
 Home Ex Program  
 Gait Training  
 Transfer Training

### Equipment/Supplies

- Splints  
 Bracing  
 Lumbar Corset  
 Home Traction  
 Pulleys  
 Topical Analgesic  
 Tens Unit/NMES Unit

Physician Signature: \_\_\_\_\_

Visit Frequency: \_\_\_\_\_ Duration: \_\_\_\_\_

